

1. Title of the certificate ¹

Δίπλωμα Επαγγελματικής Ειδικότητας Εκπαίδευσης και Κατάρτισης Επιπέδου 5. Ειδικότητα Ι.Ε.Κ.:

ΕΙΔΙΚΟΣ ΚΙΝΗΣΙΟΘΕΡΑΠΕΙΑΣ

2. Translated title of the certificate ²

**Vocational Training Diploma Initial Vocational Training (I.E.K.) Level 5. Specialty of I.E.K.:
KINESIOTHERAPY SPECIALIST**

3. Profile of skills and competences

LEARNING OUTCOMES (KNOWLEDGE, SKILLS, COMPETENCES).

A typical holder of the certificate is able to:

KNOWLEDGE

- Understand the human body's movements and kinetics.
- Master the techniques of massage and kinesiotherapy.
- Know all kinds of movements.
- Know the applications of mechanotherapy.

SKILLS

- Apply all kinds of movements (active, supported, assisted, passive, exercises, etc.).
- Place the patient in the appropriate position for each exercise.
- Practice thermotherapy, cryotherapy, radiotherapy and electrotherapy.
- Treat the acute symptoms of orthopaedic problems and sports injuries.
- Execute all types of strapping.
- Apply functional splints.
- Assist patients in kinesiotherapy programs after the placement of artificial joints in cases of amputations.

COMPETENCES

- Welcome patients with decency and respect.
- Be familiar with interpersonal relationships.
- Respect diversity and interculturalism.
- Work responsibly, conscientiously, consistently, patiently, confidentially and empathetically.
- Work independently.

4. Range of occupations accessible to the holder of the certificate ³

The holder of this diploma can be employed as a productive executive in the field of physiotherapy, in institutions and centres for the recovery of PWD, therapeutic spas, hospitals, clinics, fitness centres, sports centres and premises, hotels with fitness centres and sports facilities.

The Vocational Training Diploma is recognised as a qualification for appointment in the public sector according to the Presidential Decree no. 50/2001 (Greek Official Gazette 39/Vol. A/5-3-2001), as in effect.

¹ In the original language. | ² If applicable. This translation has no legal status. | ³ If applicable.

5. Official basis of the certificate

Body awarding the certificate

E.O.P.P.E.P.
(National Organisation for the Certification of Qualifications and Vocational Guidance)
41 Ethnikis Antistaseos Avenue, 142 34 N. Ionia
<https://www.eoppep.gr>

Level of the certificate (national or European) ¹

Level 5 National and European Qualifications Framework

Authority providing accreditation / recognition of the certificate

E.O.P.P.E.P.
(National Organisation for the Certification of Qualifications and Vocational Guidance)
41 Ethnikis Antistaseos Avenue, 142 34 N. Ionia
<https://www.eoppep.gr>

Grading scale / Pass requirements

a) acquisition of the Vocational Training Certificate (V.E.K.) after successful completion of study at the Vocational Training Institute (I.E.K.)
b) acquisition of the Vocational Training Diploma after:
1. success in the theoretical part of Initial Vocational Training certification examinations (Grading scale = 1-20, Pass = 10) and
2. success in the practical part of the Initial Vocational Training certification examinations (Pass/Fail)

Access to next level of education / training ¹

Yes

International agreements on recognition of qualifications ¹

No

Legal basis

Law 2009/1992 on the National System of Vocational Education and Training
Law 4186/2013 on the Restructure of Secondary Education
Law 4763/2020 on National System of Vocational Education, Training and Lifelong Learning

6. Officially recognised ways of acquiring the certificate

Success in the Initial Vocational Training certification examinations. Total duration of the education / training leading to the certificate: 4 semesters (until law 4186/2013) / 5 semesters (after law 4186/2013)

7. Additional information

Entry requirements ¹

Certificate of Upper Secondary School. Qualification of Level 4 (NQF/EQF) // Certificate Vocational Training School (SEK) – Qualification of Level 3 (NQF/EQF)

Following the voting of L. 4763/2020, only by an Upper Secondary Education certificate or an equivalent title of studies (Qualification of Level 4 NQF/EQF)

Indicative subjects taught:

Anatomy, Physiology, Orthopaedics, Kinesiology, Movement Imaging and Analysis, Psychology of Recovery, Rheumatology Massage Techniques, Elements of Neurology, Elements of Geriatrics, Exercise: Safety & Application, Principles of Patient Transport, Physiotherapy Laboratory Maintenance and Technology, Application Principles for Natural Resources, First Aid Strapping, Sports Medicine, Walking and Self-Service Aids, Physiotherapy Laboratory Organisation and Management Ergometry.

More information

National Qualifications Framework : <https://nqf.gov.gr/> and <https://proson.eoppep.gr/en>

National Europass Centre: **EL/NEC - E.O.P.P.E.P.** National Organisation for the Certification of Qualifications and Vocational Guidance EOPPEP Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia. T.0030 2102709000 europass@eoppep.gr
<http://europass.eoppep.gr> www.eoppep.gr

¹ If applicable.