

1. Title of the certificate ¹

**Δίπλωμα Επαγγελματικής Ειδικότητας Εκπαίδευσης και Κατάρτισης Επιπέδου 5 Ειδικότητα Ι.Ε.Κ.:
ΠΡΟΠΟΝΗΤΗΣ ΑΘΛΗΜΑΤΟΣ**

2. Translated title of the certificate ²

**Vocational Training Diploma Initial Vocational Training (I.E.K.) Level 5. Specialty of I.E.K.:
SPORTS COACH**

3. Profile of skills and competences

LEARNING OUTCOMES (KNOWLEDGE, SKILLS, COMPETENCES). A typical holder of the certificate is able to:

KNOWLEDGE

- Clarify terms of anatomy, physiology, bioengineering, dietetics, statistics, and pedagogy.
- Analyse in detail the learning procedure.
- Formulate the basic principles of physical training and sports, along with training techniques.
- Fully describe the regulations of the sport of his/her specialization.
- Discern the effect of actions in the management of human resources.
- Formulate basic principles of research methodology, as well as of sports and social psychology.
- Discern at least two (2) applications of ergometric evaluation and statistical analysis.
- Discern the differences between training, physical training and sports in our country (school, competing, mass, professional sports, etc.).
- Recognise the management scale of sports at a national and international level.
- Formulate basic concepts of computer operating systems.
- Communicate satisfactory in at least one foreign language.

SKILLS

- Comfortably operate office applications (MS Office).
- Prepare a training schedule with the purpose of achieving maximum performance at a specific time (games) and maintain statistical data about progress and performance.
- Analyse and evaluate the results of statistical or ergometric research.
- Analyse and evaluate the results of the training programme.
- Organise programmes for the preparation and participation in competitive activities.
- Organise the participations of his/her athletes in events of amateur and/or professional level.
- Prepare exercises for the safe training of the body and diagnose issues of injuries.
- Apply a strategy and tactics to achieve good performances.
- Select the suitable personnel to assist him/her on his/her work.
- Accurately and clearly communicate during his/her contact with the media.

COMPETENCES

- Follow the code of ethics of his/her profession.
- Act in agreement with the policies and procedures of the organisation employing him/her.
- Understand his/her role and the responsibility of collaborating with athletes, assistants, the staff, etc.
- Collaborate effectively as a member of a team.
- Take the initiative and decisions, when and where required, with the purpose of solving any problems that may come up.
- Stay constantly up-to-date about the developments in his/her field.

4. Range of occupations accessible to the holder of the certificate ³

The holder of this diploma can be employed in sport unions – teams, private and public gyms, private lessons, private and public camps, private schools, ergometric centers, slimming institutes, physiotherapy centers (athletes' rehabilitation to a training program after injury).

The Vocational Training Diploma is recognised as a qualification for appointment in the public sector falling in the category S.E. (Secondary Education) according to the Presidential Decree no.50/2001 (Greek Official Gazette 39/Vol.A/5-3-2001).

¹ In the original language. | ² If applicable. This translation has no legal status. | ³ If applicable.

5. Official basis of the certificate

Body awarding the certificate

E.O.P.P.E.P.
(National Organisation for the Certification of
Qualifications and Vocational Guidance)
Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia
<https://www.eoppep.gr/>

Level of the certificate (national or European) ¹

Level 5 National and European Qualifications Framework

Access to next level of education / training ¹

Yes

Legal basis

Law 2009/1992 on the National System of Vocational Education and Training
Law 4186/2013 on the Restructure of Secondary Education
Law 4763/2020 on National System of Vocational Education, Training and Lifelong Learning

Authority providing accreditation / recognition of the certificate

E.O.P.P.E.P.
(National Organisation for the Certification of Qualifications
and Vocational Guidance)
Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia
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Grading scale / Pass requirements

a) acquisition of the Vocational Training Certificate (V.E.K.) after successful completion of study at the Vocational Training Institute (I.E.K.)
b) acquisition of the Vocational Training Diploma after:
1. success in the theoretical part of Initial Vocational Training certification examinations (Grading scale = 1-20, Pass = 10) and
2. success in the practical part of the Initial Vocational Training certification examinations (Pass/Fail)

International agreements on recognition of qualifications¹

No

6. Officially recognised ways of acquiring the certificate

Total duration of the education / training leading to the certificate
Success in the the Initial Vocational Training certification examinations
4 semesters (until law 4186/2013) / 5 semesters (after law 4186/2013)

7. Additional information

Entry requirements ¹

Certificate of Upper Secondary School. Qualification of Level 4 (NQF/EQF) // Certificate Vocational Training School (SEK) – Qualification of Level 3 (NQF/EQF)
Following the voting of L. 4763/2020, only by an Upper Secondary Education certificate or an equivalent title of studies (Qualification of Level 4 NQF/EQF)

Indicative subjects taught:

Anatomy, Kinetic Learning and Kinetic Control, Athletic Sociology, Sports Organisation and Administration, Specialization Sport I, II, III & IV, Physiology, Athletic Psychology, Athletic Pedagogy, Biomechanics of Athletic Movements, Ergophysiology, Athletic Medicine, Research Methodology, Athletic Training I & II, Athletic Dietetics, Physiotherapy, Statistics, English, Computing.

More information

National Qualifications Framework : <https://nqf.gov.gr/> and <https://proson.eoppep.gr/en>

National Europass Centre: **EL/NEC - E.O.P.P.E.P.** National Organisation for the Certification of Qualifications and Vocational Guidance, Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia, Greece. T.0030 2102709000 europass@eoppep.gr
<http://europass.eoppep.gr> www.eoppep.gr

¹ If applicable.