

1. Title of the certificate <sup>1</sup>

**Δίπλωμα Επαγγελματικής Ειδικότητας Εκπαίδευσης και Κατάρτισης Επιπέδου 5 Ειδικότητα Ι.Ε.Κ.:  
ΕΙΔΙΚΟΣ ΘΑΛΑΣΣΟΘΕΡΑΠΕΙΑΣ - SPA**

2. Translated title of the certificate <sup>2</sup>

**Vocational Training Diploma Initial Vocational Training (I.E.K.) Level 5. Specialty of I.E.K.:  
THALASSOTHERAPY – SPA SPECIALIST**

## 3. Profile of skills and competences

LEARNING OUTCOMES (KNOWLEDGE, SKILLS, COMPETENCES). A typical holder of the certificate is able to:

**KNOWLEDGE**

- Understand the principles of hydro-balneotherapy, thalassotherapy and drinking therapy with medicinal waters.
- Present the organization, issues regarding management, the operation and the equipment of a modern spa.
- Present the hygiene rules for a spa facility.
- Present the methods for serving, keeping and updating the personal details of each spa user.
- Present the basic principles of First Aid.
- Identify English and German terminology.
- Present the principles for the organization of a balneotherapy programme.
- Present the basic principles of proper nutrition, exercise, training and physical therapy.

**SKILLS**

- Create and conduct programmes of balneotherapy, thalassotherapy and water drinking treatment.
- Prepare and use the spa equipment.
- Communicate with associates and customers using the respective terminology.
- Serve the users of the spa.
- Provide first aid in case of accident.
- Create programs for nutrition and exercise for the users of the spa.

**COMPETENCES**

- Collaborate with others, inside and outside the spa.
- Manage programmes for thalassotherapy and wellness with responsibility, either autonomously or under the supervision of others, or by supervising other, unspecialized personnel.

4. Range of occupations accessible to the holder of the certificate <sup>3</sup>

The holder of this Institute of Vocational Training specialisation certificate may work in thalassotherapy centres and units, rejuvenation and wellness units using thalassotherapy methods - Spas (thermalism centres), make-up, beautification, and anti-aging units (beauty farms), centres for general restoration and therapeutic sports.

The Vocational Training Diploma is recognised as a qualification for appointment in the public sector falling in the category S.E. (Secondary Education) according to the Presidential Decree no.50/2001 (Greek Official Gazette 39/Vol.A/5-3-2001).

<sup>1</sup> In the original language. | <sup>2</sup> If applicable. This translation has no legal status. | <sup>3</sup> If applicable.

## 5. Official basis of the certificate

### Body awarding the certificate

E.O.P.P.E.P.  
(National Organisation for the Certification of Qualifications and Vocational Guidance)  
Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia  
<https://www.eoppep.gr/>

### Authority providing accreditation / recognition of the certificate

E.O.P.P.E.P.  
(National Organisation for the Certification of Qualifications and Vocational Guidance)  
Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia  
<https://www.eoppep.gr/>

### Level of the certificate (national or European)<sup>1</sup>

Level 5 National and European Qualifications Framework

### Grading scale / Pass requirements

a) acquisition of the Vocational Training Certificate (V.E.K.) after successful completion of study at the Vocational Training Institute (I.E.K.)  
b) acquisition of the Vocational Training Diploma after:  
1. success in the theoretical part of Initial Vocational Training certification examinations (Grading scale = 1-20, Pass = 10) and  
2. success in the practical part of the Initial Vocational Training certification examinations (Pass/Fail)

### Access to next level of education / training<sup>1</sup>

Yes

### International agreements on recognition of qualifications<sup>1</sup>

No

### Legal basis

Law 2009/1992 on the National System of Vocational Education and Training  
Law 4186/2013 on the Restructure of Secondary Education  
Law 4763/2020 on National System of Vocational Education, Training and Lifelong Learning

## 6. Officially recognised ways of acquiring the certificate

Total duration of the education / training leading to the certificate  
Success in the the Initial Vocational Training certification examinations  
4 semesters (until law 4186/2013) / 5 semesters (after law 4186/2013)

## 7. Additional information

### Entry requirements<sup>1</sup>

Certificate of Upper Secondary School. Qualification of Level 4 (NQF/EQF) // Certificate Vocational Training School (SEK) – Qualification of Level 3 (NQF/EQF)  
Following the voting of L. 4763/2020, only by an Upper Secondary Education certificate or an equivalent title of studies (Qualification of Level 4 NQF/EQF)

### Indicative subjects taught:

Natural resources, Geothermal - Tectonic Volcanism, Hydrogeology and geothermal energy of geothermal sources, Chemistry of geothermal and potable water, Utilization and Protection of spas, Environment and quality of life - Environmental problems, Environmental management in tourist units, Special and alternative forms of tourism, Technology of modern balneotherapy and spa centres, Global development in therapeutic thermal tourism - spas, History and principles of thalassotherapy and balneotherapy, Climate - Medical Bioclimatology, Therapeutic indications of sea spa products, vegetable products, etc., Medical specialties and therapeutic thalassotherapy, Pharmacological properties of thermal waters and products thereof (of deep sea, etc.), Drinking therapy of therapeutic mineral and natural waters, Forms of balneotherapy and types of bathing, Preparation of Balneotherapy - Thalassotherapy programme, Hygiene of balneotherapy, thalassotherapy, and spa facilities, First aid, Physiotherapy - Electrotherapy - Types of bathing and thalassotherapy, Decoration and technical aspects of rooms, sections of balneotherapy and thalassotherapy, Rehabilitation - Kinesiology, Preventive Medicine - Rejuvenation, Beauty Farm - SPA, Physical Training - Gymnastics - Health Walks, Special Nutrition - Psychology - Toning workout for the preparation of athletes - Training, Marketing of therapeutic tourism, Management of balneotherapy facilities -Legal framework - Regulations, English - Terminology, German - Terminology, Practical training.

### More information

National Qualifications Framework : <https://nqf.gov.gr/> and <https://proson.eoppep.gr/en>

National Europass Centre: **EL/NEC - E.O.P.P.E.P.** National Organisation for the Certification of Qualifications and Vocational Guidance, Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia, Greece. T.0030 2102709000 [europass@eoppep.gr](mailto:europass@eoppep.gr)  
<http://europass.eoppep.gr> [www.eoppep.gr](http://www.eoppep.gr)

<sup>1</sup> If applicable.