

### 1. Title of the certificate <sup>1</sup>

**Δίπλωμα Επαγγελματικής Ειδικότητας Εκπαίδευσης και Κατάρτισης Επιπέδου 5 Ειδικότητα Ι.Ε.Κ.:  
ΕΙΔΙΚΟΣ ΛΟΥΤΡΟΘΕΡΑΠΕΙΑΣ - SPA**

### 2. Translated title of the certificate <sup>2</sup>

**Vocational Training Diploma Initial Vocational Training (I.E.K.) Level 5. Specialty of I.E.K.:  
BALNEOTHERAPY - SPA SPECIALIST**

### 3. Profile of skills and competences

LEARNING OUTCOMES (KNOWLEDGE, SKILLS, COMPETENCES). A typical holder of the certificate is able to:

#### KNOWLEDGE

- Identify English and German Terminology both in writing and orally.
- Describe basic subjects of hydrogeology and geothermics, of thermal-metallic springs, of chemistry for spa, heat-mineral, and potable water.
- Present basic aspects for the use and protection of spa springs.
- Identify the basic principles for the environmental management in tourism units.
- Acknowledge the history and principles of thalassotherapy and curative hydro-balneotherapy, the forms of hydro-balneotherapy and types of treatments.
- Describe the basic elements for preparing a programme for hydrotherapy - thalassotherapy.
- Identify the basic aspects of hygiene for hydro-balneotherapy - thalassotherapy spa facilities.
- Describe the basic aspects of First Aid - Physical Therapy - Electrotherapy.
- Describe the basic aspects of Physical Training - Exercise, and special subjects on nutrition.
- Identify the basic principles of Management for hydro-balneotherapy facilities, basic marketing issues for curative tourism, and also the legal framework - regulations of operation thereof.

#### SKILLS

- Create and conduct balneotherapy programmes.
- Prepare and use the spa equipment.
- Communicate with associates and customers using the respective terminology.
- Serve the users of the spa.
- Provide first aid in the event of accident.
- Create programs for nutrition and exercise for the users of the spa.

#### COMPETENCES

- Collaborate with others, inside and outside the spa.
- Schedule and conduct balneotherapy programmes with responsibility, either autonomously or under the supervision of others, or by supervising other, unspecialized personnel.

### 4. Range of occupations accessible to the holder of the certificate <sup>3</sup>

The holder of the Diploma of this specialization can be employed in therapy centres and spa therapy units, in revitalization and well-being/ spa units (thermalism centres), in beauty, care and anti-ageing units (beauty farms) and in rehabilitation and therapeutic sport centres.

The Vocational Training Diploma is recognised as a qualification for appointment in the public sector falling in the category S.E. (Secondary Education) according to the Presidential Decree no.50/2001 (Greek Official Gazette 39/Vol.A/5-3-2001).

<sup>1</sup> In the original language. | <sup>2</sup> If applicable. This translation has no legal status. | <sup>3</sup> If applicable.

## 5. Official basis of the certificate

### Body awarding the certificate

E.O.P.P.E.P.  
 (National Organisation for the Certification of  
 Qualifications and Vocational Guidance )  
 Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia  
<https://www.eoppep.gr/>

### Authority providing accreditation / recognition of the certificate

E.O.P.P.E.P.  
 (National Organisation for the Certification of Qualifications  
 and Vocational Guidance )  
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### Level of the certificate (national or European)<sup>1</sup>

Level 5 National and European Qualifications Framework

### Grading scale / Pass requirements

a) acquisition of the Vocational Training Certificate (V.E.K.) after successful completion of study at the Vocational Training Institute (I.E.K.)  
 b) acquisition of the Vocational Training Diploma after:  
 1. success in the theoretical part of Initial Vocational Training certification examinations (Grading scale = 1-20, Pass = 10) and  
 2. success in the practical part of the Initial Vocational Training certification examinations (Pass/Fail)

### Access to next level of education / training<sup>1</sup>

Yes

### International agreements on recognition of qualifications<sup>1</sup>

No

### Legal basis

Law 2009/1992 on the National System of Vocational Education and Training  
 Law 4186/2013 on the Restructure of Secondary Education  
 Law 4763/2020 on National System of Vocational Education, Training and Lifelong Learning

## 6. Officially recognised ways of acquiring the certificate

Total duration of the education / training leading to the certificate  
 Success in the the Initial Vocational Training certification examinations  
 4 semesters (until law 4186/2013) / 5 semesters (after law 4186/2013)

## 7. Additional information

### Entry requirements<sup>1</sup>

Certificate of Upper Secondary School. Qualification of Level 4 (NQF/EQF) // Certificate Vocational Training School (SEK) – Qualification of Level 3 (NQF/EQF)  
 Following the voting of L. 4763/2020, only by an Upper Secondary Education certificate or an equivalent title of studies (Qualification of Level 4 NQF/EQF)

### Indicative subjects taught:

Natural Resources, Geothermy-Tectonic Volcanicity, Hydrogeology and Geothermy of Thermometallic Springs, Chemistry of Therapeutic Thermometallic and Potable Waters, Thermal Springs' Development and Protection, Environment and Quality of Life - Environmental Problems, Environmental Management in Tourism Units, Special and Alternative Forms of Tourism, Technology of Contemporary Therapeutic Baths and Spa, Global Development in Thermal Therapeutic Tourism - Spa, History and Principles of Thalassotherapy and Therapeutic Baths, Climate - Medical Bioclimatology, Therapeutic Indications of Sea and Herbal Spa Products, Pharmacological Properties of Therapeutic Waters and Herbal Products, Medical Specializations and Sea Therapy, Therapeutic Metallic and Natural Water- drinking Therapy, Spa and Thermal Bath Types, Creation of Spa and Sea Spa Programs, Spa and Sea Spa Hygiene, First Aid, Physical Therapy - Electrotherapy - Forms of Baths, Formation and Technique of Spa and Sea Spa Space and Departments, Rehabilitation - Kinesiology, Preventive Medicine - Revitalization, Beauty Farm - Spa, Physical Education – Gymnastics - Health Walks, Special Diet - Psychology, Athletes' Tonic Training Preparation - Training, Therapeutic Tourism Marketing, Spa Management - Legal Framework - Regulation, Practical Exercise, English, German

### More information

National Qualifications Framework : <https://nqf.gov.gr/> and <https://proson.eoppep.gr/en>

National Europass Centre: **EL/NEC - E.O.P.P.E.P.** National Organisation for the Certification of Qualifications and Vocational Guidance, Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia, Greece. T.0030 2102709000 [europass@eoppep.gr](mailto:europass@eoppep.gr)  
<http://europass.eoppep.gr> [www.eoppep.gr](http://www.eoppep.gr)

<sup>1</sup> If applicable.