

### 1. Title of the certificate <sup>1</sup>

**Δίπλωμα Επαγγελματικής Ειδικότητας Εκπαίδευσης και Κατάρτισης Επιπέδου 5 Ειδικότητα Ι.Ε.Κ.:  
ΒΟΗΘΟΣ ΦΥΣΙΚΟΘΕΡΑΠΕΥΤΗ – ΥΠΑΛΛΗΛΟΣ ΕΡΓΑΣΤΗΡΙΟΥ ΦΥΣΙΚΟΘΕΡΑΠΕΙΑΣ**

### 2. Translated title of the certificate <sup>2</sup>

**Vocational Training Diploma Initial Vocational Training (I.E.K.) Level 5. Specialty of I.E.K.:  
ASSISTANT PHYSIOTHERAPIST - PHYSIOTHERAPY LABORATORY EMPLOYEE**

### 3. Profile of skills and competences

LEARNING OUTCOMES (KNOWLEDGE, SKILLS, COMPETENCES). A typical holder of the certificate is able to:

#### KNOWLEDGE

- Describe the operation of a physiotherapy laboratory or centre and the ways of its organization.
- List the ways that the machines are maintained.
- Demonstrate basic surgical, paediatrics, neurology, geriatrics, nosology, orthopaedics and rheumatology knowledge.
- State in detail the organs that make up the respiratory, urinary, reproductive and nervous system, and the muscles and bones that form the skeletal and muscular system and describe in general terms the operation thereof.
- List the resources used to exercise patients with musculoskeletal and neurological problems.
- Demonstrate the basic principles for patient safety during exercise.
- Present the basic principles of patient movement, based on the type of problem (musculoskeletal, neurological) and show the methods of getting up from the ground.
- List the movement devices of patients.
- Describe the main methods for using electrotherapeutic methods and massage.
- Present the main characteristics of pathological gait and states the means used to facilitate and train movement in patients with mobility difficulties.
- Demonstrate clearly the specificities of treatments and exercises in water.
- Describe the exercises in water for each condition (orthopaedic, rheumatologic, neurologic, cardiovascular), for persons with disabilities and the elderly.
- Formulate basic knowledge of first aid, slinging and nursing care for patients with mobility problems in hospital or at home.

#### SKILLS:

- Receive and prepare the patient for the treatment at the centre or lab where he/she works.
- Follow, without errors and deviations, the instructions issued by specialists with regard to the treatment and the exercise of patients, thus assisting to the healing work of the physiotherapist.
- Prepare the physiotherapy laboratory in order for the specialist physiotherapist to be capable to receive the patient (hygiene, disinfection, machine maintenance, tools, aids, etc.).
- Provide secretarial support to the centre or laboratory where he/she is employed (correspondence, classification, organization, processing of referrals issued by insurance funds, operation of software, etc.).
- Apply, under the physiotherapist instructions, the basic methods for electrotherapy and massage.
- Apply, together with the physiotherapists, and following the instructions and suggestion of specialists, the rehabilitation and treatment programmes in water.

#### COMPETENCES:

- Work in accordance with the ethics of his/her profession, respecting the rights, the needs, the dignity, and the values of patients.
- Undertake initiatives within his/her knowledge, capabilities and experience, while always informing specialists and with the consent both of them and of patients.
- Collaborate effectively with other workers in the physiotherapy centres and workshops, without creating problems or risking patient safety.

<sup>1</sup> In the original language. | <sup>2</sup> If applicable. This translation has no legal status. | <sup>3</sup> If applicable.

#### 4. Range of occupations accessible to the holder of the certificate <sup>3</sup>

The holder of the Diploma of this specialization can work in the public and private sector in the field of physiotherapy supervised by a physiotherapist who is a tertiary education graduate. In particular, he/she can work in Physiotherapy Laboratories, Recovery and Rehabilitation Institutions and Centers (for people with sensorimotor problems), Elderly Homes, Therapeutic Thermal Spring Clinics, Special Rehabilitation Centers, Hospitals, Clinics, Therapy Centers and Sport Centers.

The Vocational Training Diploma is recognized as a qualification for appointment in the public sector falling in the category S.E. (Secondary Education) according to the Presidential Decree no.50/2001 (Greek Official Gazette 39/Vol.A/5-3-2001).

#### 5. Official basis of the certificate

##### Body awarding the certificate

E.O.P.P.E.P.  
(National Organisation for the Certification of Qualifications and Vocational Guidance )  
Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia  
<https://www.eoppep.gr/>

##### Level of the certificate (national or European) <sup>1</sup>

Level 5 National and European Qualifications Framework

##### Authority providing accreditation / recognition of the certificate

E.O.P.P.E.P.  
(National Organisation for the Certification of Qualifications and Vocational Guidance )  
Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia  
<https://www.eoppep.gr/>

##### Grading scale / Pass requirements

- a) acquisition of the Vocational Training Certificate (V.E.K.) after successful completion of study at the Vocational Training Institute (I.E.K.)
- b) acquisition of the Vocational Training Diploma after:
  1. success in the theoretical part of Initial Vocational Training certification examinations (Grading scale = 1-20, Pass = 10) and
  2. success in the practical part of the Initial Vocational Training certification examinations (Pass/Fail)

##### International agreements on recognition of qualifications <sup>1</sup>

##### Access to next level of education / training <sup>1</sup>

Yes

No

##### Legal basis

Law 2009/1992 on the National System of Vocational Education and Training  
Law 4186/2013 on the Restructure of Secondary Education  
Law 4763/2020 on National System of Vocational Education, Training and Lifelong Learning

#### 6. Officially recognised ways of acquiring the certificate

Total duration of the education / training leading to the certificate  
Success in the the Initial Vocational Training certification examinations  
4 semesters (until law 4186/2013) / 5 semesters (after law 4186/2013)

#### 7. Additional information

##### Entry requirements <sup>1</sup>

Certificate of Upper Secondary School. Qualification of Level 4 (NQF/EQF) // Certificate Vocational Training School (SEK) – Qualification of Level 3 (NQF/EQF)  
Following the voting of L. 4763/2020, only by an Upper Secondary Education certificate or an equivalent title of studies (Qualification of Level 4 NQF/EQF)

##### Indicative subjects taught:

Anatomy-Physiology, Nosology Elements, Elements of Orthopaedics, Elements of Rheumatology, Hygiene, Rehabilitation Psychology, Elements of Surgery, Elements of Paediatrics, Elements of Neurology, Elements of Geriatrics, Practice: Safety & Application I, II & III, Principles of Moving Patients, Physiotherapy Laboratory Maintenance and Technology, Implementation Principles of Natural Resources, Massage Principles, First Aid-Strapping, Walking/ Movement and Self-Service Aids, Physiotherapy Laboratory Organisation and Management, Ethics in Patient Treatment, Nursing, Information Technology-Use of PC, English.

National Qualifications Framework : <https://nqf.gov.gr/> and <https://proson.eoppep.gr/en>

National Europass Centre: **EL/NEC - E.O.P.P.E.P.** National Organisation for the Certification of Qualifications and Vocational Guidance, Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia, Greece. T.0030 2102709000 [europass@eoppep.gr](mailto:europass@eoppep.gr)  
<http://europass.eoppep.gr> [www.eoppep.gr](http://www.eoppep.gr)

<sup>1</sup> If applicable.