

### 1. Title of the certificate <sup>1</sup>

**Δίπλωμα Επαγγελματικής Ειδικότητας Εκπαίδευσης και Κατάρτισης Επιπέδου 5 Ειδικότητα Ι.Ε.Κ.:  
ΑΙΣΘΗΤΙΚΟΣ ΑΡΩΜΑΤΟΘΕΡΑΠΕΙΑΣ**

### 2. Translated title of the certificate <sup>2</sup>

**Vocational Training Diploma Initial Vocational Training (I.E.K.) Level 5. Specialty of I.E.K.:  
AROMATHERAPY BEAUTICIAN**

### 3. Profile of skills and competences

LEARNING OUTCOMES (KNOWLEDGE, SKILLS, COMPETENCES). A typical holder of the certificate is able to:

#### KNOWLEDGE

- Demonstrate basic knowledge of chemistry about the raw materials used for the manufacture of cosmetics and about the effects thereof.
- List the properties, the indications, the contraindications, the use, and the mixing of essential oils.
- Recognise the categories of massages and the methods for performing them on the face and body.
- Define immediately the types of skin, the different types of cleaning products for a simple skin cleaning.
- Describe generally the structure and operation of the human body.
- Discern the suitable types of peeling for the body and the face.
- State on the suitable practices about the different methods for the removal of hair and for bleaching them.
- State accurately the methods for antiseptics and for sterilizing the skin, the tools, and the surfaces.

#### SKILLS

- Select correctly the cosmetics available, depending on the method, the time, and the purpose of their use.
- Adjust the skin test in order to check for allergic reactions and monitors its progress, prior using the essential oil selected.
- Handle with an excellent manner the essential oils for face and body treatments, depending on the skin type.
- Safely perform caresses, rubs, strokes, vibrations for the calming massage of the face.
- Apply the technique involving the exercise of pressure using the fingers and the techniques for the calming massaging, for celluloid and obesity, using essential oils.
- Apply on and remove a mask from the face, depending on the type of skin and the result sought after.
- Safely bleach the hair in every area of the body selected.
- Perform antiseptics to the tools used, by applying all methods and devices available.

#### COMPETENCES

- Act based on the ethics of his/her profession.
- Work autonomously within the field of his/her activities.
- Collaborate effectively with professionals from other fields of specialization.
- Be responsible for the safe keeping, use, and management of materials and equipment used.
- Communicate directly with the customer and promote the services on offer.

### 4. Range of occupations accessible to the holder of the certificate <sup>3</sup>

The holder of this specialization certificate may work in beauty institutes and centers, gyms, cosmetics shops, podology laboratories.

The Vocational Training Diploma is recognized as a qualification for appointment in the public sector falling in the category S.E. (Secondary Education) according to the Presidential Decree no.50/2001 (Greek Official Gazette 39/Vol.A/5-3-2001).

<sup>1</sup> In the original language. | <sup>2</sup> If applicable. This translation has no legal status. | <sup>3</sup> If applicable.

## 5. Official basis of the certificate

### Body awarding the certificate

E.O.P.P.E.P.  
(National Organisation for the Certification of Qualifications and Vocational Guidance )  
Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia  
<https://www.eoppep.gr/>

### Level of the certificate (national or European) <sup>1</sup>

Level 5 National and European Qualifications Framework

### Access to next level of education / training <sup>1</sup>

Yes

### Legal basis

Law 2009/1992 on the National System of Vocational Education and Training  
Law 4186/2013 on the Restructure of Secondary Education  
Law 4763/2020 on National System of Vocational Education, Training and Lifelong Learning

### Authority providing accreditation / recognition of the certificate

E.O.P.P.E.P.  
(National Organisation for the Certification of Qualifications and Vocational Guidance )  
Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia  
<https://www.eoppep.gr/>

### Grading scale / Pass requirements

- a) acquisition of the Vocational Training Certificate (V.E.K.) after successful completion of study at the Vocational Training Institute (I.E.K.)
- b) acquisition of the Vocational Training Diploma after:
  1. success in the theoretical part of Initial Vocational Training certification examinations (Grading scale = 1-20, Pass = 10) and
  2. success in the practical part of the Initial Vocational Training certification examinations (Pass/Fail)

### International agreements on recognition of qualifications <sup>1</sup>

No

## 6. Officially recognised ways of acquiring the certificate

Total duration of the education / training leading to the certificate  
Success in the the Initial Vocational Training certification examinations  
4 semesters (until law 4186/2013) / 5 semesters (after law 4186/2013)

## 7. Additional information

### Entry requirements <sup>1</sup>

Certificate of Upper Secondary School. Qualification of Level 4 (NQF/EQF) // Certificate Vocational Training School (SEK) – Qualification of Level 3 (NQF/EQF)  
Following the voting of L. 4763/2020, only by an Upper Secondary Education certificate or an equivalent title of studies (Qualification of Level 4 NQF/EQF)

### Indicative subjects taught:

English, Computer use, Anatomy, Physiology, Cosmetology, First Aid, Psychology-Professional ethics, Chromatology, Dietetics, Aesthetic endocrinology, Gymnastics, Electrotechnics, Marketing, Kinesiology, Dermatology, Aesthetics, Makeup, Hair Removal, Essential Oils, Aromatherapy, Counselling, Work organization.

### More information

National Qualifications Framework : <https://nqf.gov.gr/> and <https://proson.eoppep.gr/en>

National Europass Centre: **EL/NEC - E.O.P.P.E.P.** National Organisation for the Certification of Qualifications and Vocational Guidance, Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia, Greece. T.0030 2102709000 [europass@eoppep.gr](mailto:europass@eoppep.gr)  
<http://europass.eoppep.gr> [www.eoppep.gr](http://www.eoppep.gr)

<sup>1</sup> If applicable.